

**Runyon's**  
Established 1981

# Lunch

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“The race may not always be to the swift nor the  
victory strong, but that’s how you bet.”

~ Damon Runyon

## Appetizers

### Wings!

Been there, done that, but never this good!!  
Crisp & spicy with the best bleu cheese dressing.

### Wings Trio

Served dry & crispy with a three dipping sauces.  
Buffalo Blue, Cracked Peppercorn Parmesan, &  
Ragin' Asian.

### Irish Nachos

Fresh fried skin on, thin sliced spuds topped with  
chopped smoked bacon, scallions, & vine ripened  
tomatoes, drizzled with our homemade bleu  
cheese dressing.

### Mini Fried Ravioli

Mini cheese ravioli coated with Italian bread  
crumbs and deep fried. Served with marinara  
sauce.

### Fried Calamari

Tender calamari coated with our special blend of  
seasonings, crispy fried with a key lime chipotle  
aioli.

### Rhode Island Calamari

Crispy flash fried calamari tossed with garlic,  
extra virgin olive oil & hot cherry peppers.

### Lighthouse Clams

Local clams on the 1/2 shell with bacon, onion,  
roasted pepper, white wine & herb butter.  
Six or Twelve

## Mussel Pots

Two lbs. of Prince Edward Island Mussels served  
with house cut fries & lemon garlic aioli.

### Mussels Cinzano

Sliced red onion, garlic, crushed red pepper  
flakes & fresh greens sautéed in extra virgin  
olive oil & sweet vermouth.

### Thai Coconut Curry

Creamy house-made Thai coconut curry with  
grilled pineapple.

### Bianco

Garlic, white wine, parsley, extra virgin olive oil.

## Soups

Always homemade. Always delicious.

### Soup Du Jour

Ask what's cooking today.

### Baked Onion Soup

A classic delight.

### "Seaford" Bisque

Best seafood bisque on Long Island! Served with  
freshly ground pepper & sherry.

### Chili & Chips

A crock of our famous chili, topped with a  
cheddar cheese blend, and served with sides of  
sour cream, fire roasted salsa, and fresh fried  
crispy corn tortilla chips.

## Chef's Salads

### Caesar Salad

A classic with a healthy twist. Crisp greens with  
our eggless Caesar dressing, croutons & shaved  
Pecorino Romano.

### Billy Goat Salad

Wild baby arugula, goat cheese, sun dried  
cranberries, golden raisins and toasted  
California sunflower seed. Served with green  
peppercorn balsamic vinaigrette.

Dressings: Asian Ginger, Burgundy Garlic, Bleu Cheese, Green Peppercorn Balsamic Vinaigrette & Thousand Island

### Put Something Lean on Your Greens

Grilled or Blackened Chicken

3 Pan Roasted or Blackened Jumbo Shrimp

### Market Salad

Mixed seasonal greens, tomatoes, cucumbers,  
shredded carrots, red cabbage and our  
homemade croutons.

### The Wedge

Iceberg lettuce wedge, topped with our  
chunky bleu cheese dressing, chopped tomato &  
crumbled bacon.

Roasted North Atlantic Salmon

6oz Sliced Grilled Steak

Our homemade dressings are for sale by the pint and the quart for you to enjoy at home.

## Lunch Selections

Served with coleslaw, a pickle, & your choice of fries, Santa Barbara Bean Salad, or BBQ chips.

**Pulled Pork** – Twelve hour slow cooked pulled pork with ‘put it on top’ southern coleslaw on a toasted roll.

**Turkey & Spinach** – Boars Head Oven Gold turkey breast, fresh spinach, & Finlandia Swiss cheese in a flour tortilla with creamy horseradish sauce on the side for dunking.

**Shrimp Po Boy** – Jumbo fried shrimp on toasted hero with spicy mayo, vine ripened tomatoes, pickles and shredded lettuce.

**The Cuban** – Panini pressed sandwich of thinly sliced roast pork, Boar’s Head ham, Swiss cheese, sliced pickles & mustard sauce.

**Porky The Pig** – Roast pork, bacon, & melted mozzarella on garlic bread with a sweet chili sauce on the side for dunking.

**Guys & Dolls Club** – More than you expect from a traditional club. Boar’s Head turkey, ham, Swiss and American cheeses, bacon, lettuce, tomato, & Hellman’s mayo.

**Baja Fish Tacos** – Crispy Mahi fillet on a trio of warm flour tortillas, topped with Mexican slaw, house rice and a red chile mojo.

**Carver Sandwich** - 10oz NY strip steak UNSLICED on toasted garlic hero with melted mozzarella cheese. Served with fries.

**Chicken Pomodoro** - Penne tossed with chicken, sun dried tomatoes, garlic, extra virgin oil and Romano cheese.

**Spinach & Shrimp Salad** - Fresh baby spinach topped with 3 pan roasted jumbo shrimp, hearts of palm, and crispy bacon bits. Served with your choice of homemade dressing on the side.

**Sesame Shrimp Roll** - Black & white sesame fried jumbo shrimp, baby spinach, and julienne carrots rolled in a giant tortilla. Served with jasmine rice & Chef’s own wasabiyaki sauce.

## From the Grill

**Runyon’s Celebrated House Steak** - 14oz NY sirloin marinated in our original sauce. Served sizzling with our chilled horseradish sauce.

**Certified Angus Beef Rib Eye** - 16oz bone-in choice rib eye finished with herb butter OR “Cowboy” style – with a western dry rub and topped with house-made crispy onions.

## Fat Burgers

Half pound of Ground Sirloin ~ Served with coleslaw, fries and a pickle.  
Lettuce, tomato & red onion available upon request.

**Sirloin Beef Burger** - One half pound of ground sirloin...all beef, lean and juicy.

Add cheese (American, Swiss, Mozzarella, Pepper Jack), Add bacon , Add chili

**Bull Burger** - A fried egg & bacon sits atop your burger with your choice of cheese.

**The Mess** - Piled high with sautéed mushrooms, onions & your choice of cheese.

**B.A.T.S. Burger** - Smoked Bacon, Avocado, & a side of fire roasted Tomato Salsa.

**Wing Thing Burger** - Drenched with hot sauce & dripping with bleu cheese dressing.

**Flyin’ Hawaiian** - Grilled pineapple, teriyaki sauce & hot cherry peppers, topped with two skewered jumbo fried shrimp. Served with our wasabiyaki sauce.

Substitute a Grilled Chicken Breast for any burger.

## Runyon's Daily Lunch Special

### Raw Bar Sampler for Two

3 Little Neck Clams  
3 Oysters  
3 Jumbo Shrimp

### Shipwreck Mary

A spicy Bloody Mary in an Old Bay rimmed glass, with Celery, fresh lemon and lime, stuffed olives and three jumbo shrimp.

## Daily Lunch Specials

### Panini Special

Ask your server about today's special

### Pizza of the Day

10" thin crust, stone oven baked pizza  
Ask your served about today's toppings

### Pasta Primavera

Garden fresh vegetables tossed with linguini in extra virgin olive oil & garlic.

### Buffalo Chicken Wrap

Chopped chicken fingers tossed in a spicy buffalo sauce with diced tomatoes, shredded lettuce & crumbled bleu cheese. Served with celery sticks & bleu cheese dressing.

### Fish & Chips

Crispy Guinness battered cod fillets & fries.  
Served with malt vinegar & house-made tartar sauce.

## Lunch Specials

### Meatloaf Hero

Baked all beef meatloaf on an herb buttered, toasted hero, topped with brown gravy and served with fries.

### American Melt

Turkey, ham, bacon, and creamy coleslaw topped with melted American on Rye toast. Served with fries.

### Soup & Salad

Any one of our homemade soups paired with a Market or Billy Goat Salad.

### Runyon's Famous French Dip

House-made roast beef on a garlic roll with melted mozzarella cheese.  
Served with a bowl of naked onion soup.